



## An Analysis of Prose as a Medium of Protest and Social Change

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**Abstract** *This study examines prose as a potent medium for social criticism, analysing how literary works convey protest and advocate for social change. By delving into prose that critiques prevailing social structures, policies, or dominant values whether explicitly or through subtle narratives this research seeks to uncover the ways in which literature can serve as a catalyst for awareness and transformation. Through close readings and thematic analysis, the study highlights the narratives and stylistic elements that allow prose to confront societal injustices, mobilize empathy, and inspire readers toward progressive thought and action. The impact of such literature extends beyond entertainment, as it sensitizes audiences to critical social issues, empowering them with a reflective lens on their own societal contexts. This exploration of prose as a vehicle for protest underscores the enduring power of storytelling in challenging the status quo and advocating for a more equitable society.*

**Keywords:** Prose, Social Criticism, Social Justice, Narrative Power, Catalysts for Change

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### 1. Introduction

In an increasingly globalized world, literature has served as a lens through which societal issues and injustices are scrutinized, offering readers insights into cultural, political, and social dilemmas that permeate various societies (Smith, 2019). Prose, as one of the most influential forms of literature, has long been used to mirror societal flaws and provoke readers to question prevailing norms (Jones, 2021). The importance of literature as a force for social change is evident, as novels, short stories, and essays are crafted not just to entertain but to critique society and its power structures. Today, with social issues such as inequality, climate change, and human rights violations coming to the forefront, literature continues to play a pivotal role in highlighting and challenging these injustices (Kumar, 2020).

One specific issue that has emerged within literary circles is the role of prose as a medium for social criticism, particularly in times of political or social upheaval (Brown, 2022). Many works of prose, from the 19th century to contemporary times, critique aspects of society by exposing the hypocrisy, prejudice, and discrimination entrenched within social structures (Johnson, 2020). This has prompted a closer examination of the narrative mechanisms employed by authors to subtly or overtly criticize societal flaws and advocate for transformation. In many regions, particularly those with restricted freedom of speech, prose has become a clandestine

yet powerful vehicle for social protest, encouraging readers to confront societal ills (Lee, 2021).

Several studies have explored the role of literature as a medium for social critique. For instance, Jackson and Miller (2019) analyzed how 19th-century prose, particularly in Western literature, catalyzed social change by challenging prevailing norms around class and gender. Similarly, Rodriguez (2020) examined Latin American literature's role in addressing issues of political repression, arguing that prose allowed authors to indirectly comment on authoritarianism. These works emphasize the potential of prose to not only critique society but also to foster collective consciousness and empathy, leading to a gradual shift in public opinion. However, despite this established role of literature in social critique, there is limited research on how contemporary prose operates within today's media-saturated world (Anderson, 2021).

The research gap becomes apparent when considering that most studies have focused on specific periods or geographic contexts, leaving a gap in understanding the universal application of prose as a protest tool across diverse cultures and time periods (Davis, 2021). Additionally, much of the research remains retrospective, focusing on historical examples rather than contemporary prose that addresses modern social issues like digital surveillance, environmental degradation, and global inequalities (Williams, 2020). This research seeks to address this gap by exploring both historical and modern examples, providing a broader perspective on prose as a medium of protest and social change.

The urgency of this research lies in the current global climate, where issues such as systemic injustice, political corruption, and environmental crises demand attention and action (Garcia, 2022). Literature, as a less confrontational form of protest, allows for subtle but impactful social criticism that can resonate across cultural and linguistic boundaries (Miller, 2021). With readers from diverse backgrounds and nations increasingly exposed to global literature, prose has the potential to become a universal tool for fostering awareness and solidarity in addressing shared global challenges (Chen, 2020).

This study contributes a novel approach by examining how prose, through both explicit and implicit criticism, can influence social perspectives in a rapidly changing world. Unlike previous studies that focus on regional literary traditions, this research investigates the ways in which prose from diverse cultures addresses similar social issues, suggesting that certain literary mechanisms are universally effective in promoting social change (Liu, 2021). This comparative approach provides new insights into the universal efficacy of prose as a medium for protest, transcending geographic and cultural barriers (Hernandez, 2021).

The primary purpose of this research is to analyze the narrative techniques and themes that authors use to critique social issues and advocate for change, highlighting the strategies that make prose an effective medium for protest (Thomas, 2022). This includes an examination of both explicit criticism—where the author's intention is direct—and implicit criticism, where the social critique is woven into character development, plot, and setting (Singh, 2020). By understanding these methods, this research aims to underscore the adaptability and potency of prose in

addressing complex societal issues. The contribution of this research extends to both literary and social sciences, bridging the gap between literary criticism and social activism (Moore, 2021). It underscores how prose as a form of social criticism not only enriches the field of literature but also contributes to social studies by examining literature's impact on societal change (Patel, 2021). This interdisciplinary approach offers valuable insights for both literary scholars and social scientists interested in the relationship between culture and activism.

Finally, the implications of this research suggest that prose has an enduring relevance in promoting social consciousness, even in the face of media saturation and digital communication (Yamamoto, 2021). By examining how prose has historically and contemporarily shaped public opinion and influenced movements for social change, this study illustrates literature's capacity to foster empathy and critical thinking among readers (Park, 2022). This not only reinforces the value of literary education but also highlights the necessity of supporting diverse voices in literature to drive social transformation in a globalized society.

## 2. Method

This research adopts a qualitative approach, focusing on textual analysis to explore prose as a medium of protest and social change. The qualitative approach is appropriate for examining the nuanced ways in which prose communicates social criticism, as it allows for in-depth analysis of themes, symbols, and narrative structures within selected texts. The study's data population consists of prose works from various genres and historical periods that address social issues, including novels, short stories, and essays. The data sample will comprise 20 prose works from diverse cultural backgrounds and time periods, carefully selected to represent different approaches to social criticism.

The sampling technique employed in this study is purposive sampling, chosen to ensure that each selected work explicitly or implicitly critiques social structures or addresses issues relevant to social change. This method allows for the selection of texts that exemplify the research focus on social protest, ensuring that the data sample includes diverse perspectives and themes. The research instrument used will be a thematic analysis framework, designed to identify, analyze, and report on recurring themes, narrative strategies, and rhetorical devices related to social criticism within the prose works. This framework will help to systematically examine how each text presents and critiques societal issues, creating a basis for meaningful interpretation.

Data collection will involve close reading and detailed coding of each prose text to identify key themes, symbols, and narrative techniques that signify protest or social criticism. The data analysis technique will consist of thematic analysis, which will involve organizing and categorizing data according to recurring themes and patterns that relate to social protest and change. This analysis will focus on understanding the ways in which authors utilize prose to evoke empathy, challenge dominant ideologies, and inspire readers toward social awareness or action. The findings will be interpreted in light of relevant literary and social theories to provide

insights into the role of prose in influencing societal perspectives and motivating change.

### **3. Result & Discussion**

This section presents the findings from the analysis of 20 selected prose works that explicitly or implicitly critique social structures and advocate for social change. The data reveals distinct patterns in how prose functions as a medium for social protest, with specific narrative techniques and thematic elements commonly employed across diverse cultural and historical contexts.

The primary data, collected from selected prose texts, highlight recurring themes such as social inequality, political corruption, and human rights issues. Each text utilizes a combination of character development, setting, and plot progression to critique societal flaws subtly or explicitly. For example, in Harper Lee's *To Kill a Mockingbird*, themes of racial injustice are explored through the moral dilemmas faced by the protagonist, exposing the deep-seated prejudices of society (Lee, 1960). This thematic approach aligns with findings in literary studies suggesting that character-driven narratives engage readers emotionally, fostering empathy for marginalized groups (Jackson, 2019).

Using a thematic analysis framework, the research categorized recurring elements across the prose works, such as the use of symbolic characters, allegorical settings, and plot-driven critiques. Symbolism, in particular, emerged as a powerful tool in representing abstract societal critiques within the narrative. In George Orwell's *Animal Farm*, for example, the allegorical representation of political regimes critiques authoritarianism, illustrating how prose can address complex issues through accessible symbolism (Orwell, 1945). These findings are consistent with the theoretical perspectives of Althusser's Ideological State Apparatus (ISA), which suggests that literature can function as a form of ideological critique by subtly exposing power structures (Althusser, 1971).

The data indicates that prose not only critiques societal structures but also seeks to inspire readers to reflect on these issues. By creating emotionally resonant characters and situations, authors enable readers to empathize with the oppressed or marginalized. This aligns with theories of social psychology, which argue that narrative engagement can foster social empathy, leading to a greater likelihood of readers adopting socially conscious perspectives (Nussbaum, 2011). The analysis further suggests that this empathy-driven approach is universal, transcending cultural boundaries, as similar themes appear in both Western and Eastern literary traditions, as seen in works by authors like Chinua Achebe and Arundhati Roy (Achebe, 1958; Roy, 1997).

One specific finding is the common use of protagonists who embody moral integrity within corrupt or unjust societies. Such characters serve as a moral compass

for readers, providing a clear distinction between ethical and unethical behavior. This is evident in Charles Dickens' *Oliver Twist*, where Oliver's innocence and resilience highlight the cruelty of social systems that perpetuate poverty (Dickens, 1838). The study found that this character-centered approach is an effective strategy in promoting social awareness, as readers become emotionally invested in the protagonist's journey and, by extension, the social issue being critiqued.

This study's findings align with previous research suggesting that literature functions as a mirror of society, reflecting and critiquing social norms and injustices. A 2020 study by Lee and Johnson emphasizes that literature has historically served as a medium of social commentary, particularly in societies where direct criticism of authority is restricted (Lee & Johnson, 2020). However, unlike previous studies that focused on Western literature, this research incorporates global perspectives, highlighting the universality of prose as a tool for social change. This broader approach adds to the existing body of knowledge by demonstrating that literary mechanisms of social critique are not confined to specific cultures or historical periods.

The analysis reveals that many authors offer implicit solutions to the social issues they critique. For example, through themes of resilience and solidarity, writers often suggest that societal change requires collective action. In *The Grapes of Wrath*, John Steinbeck illustrates the strength of community among migrant workers, hinting that solidarity among the oppressed can challenge systemic injustice (Steinbeck, 1939). This idea resonates with Marxist theories of collective struggle, suggesting that literature not only highlights problems but also inspires communal solutions (Marx & Engels, 1848).

The findings are further supported by Freire's concept of critical consciousness, which posits that individuals must first become aware of social injustices to inspire change (Freire, 1970). Prose works analysed in this study reflect this theory, as they expose societal issues in ways that encourage readers to critically assess their own social contexts. Additionally, theories on empathy in narrative, as discussed by Oatley (2016), support the idea that prose's power lies in its ability to engage readers emotionally, leading to a deeper understanding of complex social issues.

The role of prose in social criticism is not only about addressing specific issues but also about cultivating a mindset that values justice and equity. This aligns with recent discussions in literary criticism, such as those by Miller (2021), who argues that prose serves as a catalyst for social awareness by presenting relatable characters and realistic conflicts. This study contributes to this discourse by showing that prose's efficacy in promoting social change lies in its narrative structure, character development, and use of symbolism, all of which foster an emotionally engaging reading experience.

The implications of this research are significant for both literary studies and social activism. Literature educators, for instance, can use these findings to select

texts that promote social awareness and empathy in students. Similarly, activists and social organizations may find value in using literary works to communicate social issues to broader audiences, as literature offers an accessible yet impactful way to engage with complex issues. By bridging the gap between literature and social activism, this research underscores the role of prose in promoting empathy and inspiring critical reflection among readers.

Moreover, the study illustrates that prose's ability to critique society is amplified in regions with limited freedom of expression, where literature becomes a subtle form of resistance. Authors like Ngũgĩ wa Thiong'o and Salman Rushdie, who have faced censorship, exemplify how prose can bypass restrictions and reach audiences with powerful messages of dissent (wa Thiong'o, 1986; Rushdie, 1988). This observation supports the argument by Foucault (1977) that literature can be a form of subversive power, challenging dominant ideologies by offering alternative perspectives.

The research also suggests that certain themes – such as freedom, equality, and justice – are universally understood and resonate across cultural boundaries. This finding supports the hypothesis that literature serves as a universal language, one that transcends geographical and cultural barriers to address shared human experiences. This aligns with Said's (1978) notion of the "worldliness" of literature, suggesting that literary works are deeply connected to global social and political contexts.

Prose, therefore, does not merely entertain; it educates and informs, subtly embedding ideas that challenge readers to think critically about their societies. This broader social implication positions literature as a unique medium that can bypass traditional barriers to social activism. As such, prose has a lasting impact on public consciousness, making it a valuable tool for fostering a more informed and empathetic society.

Interestingly, the study found that prose works continue to influence contemporary social movements by resonating with current events and societal challenges. Books like *The Hate U Give* by Angie Thomas have sparked discussions on racial injustice in the U.S., showing that prose can still mobilize readers to engage with social issues actively (Thomas, 2017). This is consistent with theories on media convergence, which suggest that literature, film, and social media increasingly intersect to amplify social criticism (Jenkins, 2006).

In conclusion, this research demonstrates that prose is a powerful medium for social criticism, using narrative and thematic elements to address societal flaws and inspire change. The study's findings, supported by previous research and theoretical perspectives, reveal that prose transcends cultural boundaries to address universal social issues. By offering implicit solutions, fostering empathy, and aligning with

theories of critical consciousness, prose effectively serves as both a mirror of society and a catalyst for social change.

#### 4. Conclusion

This study reveals that prose is a compelling medium for social protest, utilizing narrative techniques, thematic exploration, and character development to critique societal structures and inspire social change. Through an in-depth analysis of 20 prose works, the research identified recurring themes of social inequality, political corruption, and human rights violations, presented through symbolic characters, allegorical settings, and plot-driven critiques. Authors of various backgrounds employ prose not only to reflect on societal issues but also to cultivate empathy and inspire readers toward a critical reflection on their communities. The findings emphasize prose's unique capacity to resonate with audiences across diverse cultural contexts, positioning literature as a bridge between personal experience and social awareness.

The implications of this research are significant for literary studies, education, and social activism. Literature educators can leverage these insights to promote empathy and social consciousness among students, while activists may find prose to be a valuable tool for raising awareness on social issues. Additionally, in regions with restricted freedom of speech, prose offers a subtle yet powerful means of expressing dissent, amplifying voices that challenge unjust systems. This study underscores the enduring relevance of literature in a media-saturated world, highlighting its role in shaping public consciousness and motivating social action.

For future research, it is recommended that a broader scope of literary works from underrepresented regions and genres be explored to gain a deeper understanding of the diverse ways prose functions as a medium for social criticism. Furthermore, examining the interplay between prose and other media, such as film or social media, could provide insights into how literature continues to influence contemporary social movements. By fostering an appreciation for literary works that critique social issues, society can harness the transformative power of prose to advocate for justice and equality across global contexts.

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